

September 2022 21 Days of School 21 Days for Teachers

| Sun. | Mon. | Tue. | Wed. | Thur. | Fri. | Sat. |
|------|------------------------------------|--|---|---|---|------|
| | | | | 1 Dads Breakfast Check-In 7:30-9am | 2 Home Based Socialization 1-2pm Zoom | 3 |
| | 5 Labor Day BBI Closed | 6 | 7 Home Based Parent Workshop Series 1-2pm Zoom | 8 | 9 | 10 |
| 1 | 12 | 13 Vision Screenings (Rooms 1-3) 9:30-11:30am Library | 14 Back to School Night 3:30-4:30pm | 15 | 16 Home Based Socialization 1-2pm Zoom | 17 |
| 3 | 19 | 20 Vision Screenings (Rooms 4 & 5) 9:30-11:30am Library Parent Café 4:30-5:30pm Library | 21 Home Based Parent Workshop Series 1-2pm Zoom | 22 Dads Mental Wellness Session 4:30-5:30pm Library | 23 | 24 |
| 5 | 26 PPC Meeting 6-7pm Zoom | 27 | 28 Mother's In Progress 4:30-5:30pm TBD | 29 | 30 Home Based Socialization 1-2pm Zoom | |





SEPTEMBER 2022 MENU

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---------------------------------|---------------------------------------|-------------------------------|--|---|
| | 5 | 6 | 7 | 8 | |
| ENTRÉE | | Sweet and Sour Turkey (EF,DF,GF,SoyF) | Chicken Curry (EF,DF,GF,SoyF) | Pasta Bake | Herb Chicken w/ WG Biscuit (DF, EF, SoyF) |
| SIDES | | steamed carrots | italian green beans | mashed sweet potatoes | vegetarian baked beans |
| | | applesauce portion | orange wedges | banana | pineapple |
| | 12 | 13 | 14 | 15 | 16 |
| ENTRÉE | Veggie Chili Mac (EF, DF, SoyF) | Turkey Spanish Rice (EF,DF,GF,SoyF) | Bbq Chicken W/Wg Biscuit | Sweet & Sour Chicken (EF,DF,GF,SoyF) | Chicken & Gravy w/WW Pita |
| SIDES | corn | italian green beans | peas & carrots | cucumbers | vegetarian baked beans |
| | mango | orange wedges | banana | applesauce portion | peaches |
| | 19 | 20 | 21 | 22 | 23 |
| ENTRÉE | Chicken Fajitas | Chicken Fried Rice | Grilled Chicken Parm | Herb Chicken W/ WG Rice (EF, DF, GF, SoyF) | Baked Beans & Veggie Sausage W/Ww Pita |
| SIDES | steamed carrots | peas | mashed sweet potatoes | cucumbers | green beans |
| | pineapple | banana | applesauce portion | mango | orange wedges |
| | 26 | 27 | 28 | 29 | 30 |
| ENTRÉE | Turkey Chili Mac (EF, DF, SoyF) | Fiesta Chicken (EF, DF, GF, SoyF) | Turkey Tacos | Korean BBQ Turkey | Chicken Teriyaki |
| SIDES | peas | steamed carrots | green beans | vegetarian baked beans | mashed sweet potatoes |
| | peaches | orange wedges | banana | applesauce portion | pineapple |

TOLL FREE # 888-301-0999

***Please note that entrees are labeled based on which allergens they do NOT contain. Any unlabeled entree contains some or all of the major food allergens. "The Smart Lunches menu is reviewed and approved by a Registered Dietician"

EF= EGG FREE SOYF= SOY FREE DF= DAIRY FREE SF= SESAME FREE GF= GLUTEN FREE